

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

Santa Rosa District Schools
ESE/Student Services

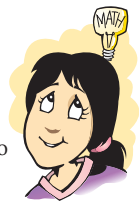


THE
PARENT
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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Time different activities you and your child do today.
- 2. Look in the newspaper or online for things to do in your town this month. Plan to do some of them with your child.
- 3. Ask your child to write step-by-step directions on how to do something. Follow the directions exactly. Was anything missing?
- 4. When your child brings home schoolwork, focus on what is *right* before noting what is *wrong*.
- 5. Review math facts at the dinner table tonight.
- 6. Ask your child to tell you what fairness looks like. What things show fairness in action?
- 7. Make up a song featuring your child's name.
- 8. Celebrate National Popcorn Poppin' Month. Pop some popcorn and read a mystery book with your child.
- 9. Tell your child that you love him.
- 10. It's School Lunch Week. Talk with your child about nutritious food choices.
- 11. With your child, glue craft sticks together to make a frame. Your child can use markers to decorate it.
- 12. Help your child create a private dictionary. In a small notebook, she can write definitions of words she finds while reading.
- 13. Help your child create a joke collection. He can fill a notebook with jokes he hears or reads.
- 14. Create an art gallery. Display your child's artwork in a frame. Rotate the art frequently.
- 15. Ask your child to choose a country she'd like to know more about. Help her find books about it at the library.
- 16. With your child, make a fall table decoration.
- 17. Give your child five pipe cleaners. Challenge him to create an animal.
- 18. Encourage your child to read aloud to a younger child.
- 19. Exercise with your child. Pick an activity you both enjoy, such as tossing a ball or going for a walk.
- 20. Have your child take flash cards in the car and use travel time for review.
- 21. Teach your child how to prepare healthy after-school snacks.
- 22. Set aside some time to work on a hobby with your child. Mark the date on your calendar.
- 23. Plan a family trip to a nearby museum.
- 24. Ask family members to tell how they used math today.
- 25. Change seats at breakfast. Pretend to be the person who usually sits in that chair.
- 26. Help your child calculate the average age of family members (add up ages, divide by number of family members).
- 27. Challenge your child to fold a piece of paper into a usable cup.
- 28. If your child is just learning to read, look for library books with "read-along" audio recordings.
- 29. Give your child some string and a button. See if she can thread the string through the button holes and make the button spin.
- 30. Read a book about your town with your child today.
- 31. Talk about the importance of saying *please* and *thank you*.



Helping Children Learn
ELEMENTARY SCHOOL

Tips Families Can Use to Help Children Do Better in School